

Hitchcock I.S.D.
Student Health Advisory Council
Quarter III – 2010-2011
March 30, 2011

SHAC Meeting on March 30th @ Stewart Elementary conference room @ 3:15pm

Introductions/Attendance: Velma Griffin with Maximus community outreach

- I. Old Business:
 - a. Family and community involvement: we will send out flyers with SHAC updates for the campuses. Utilized Healthy and Wise student and parent handouts. Will continue to work on parental involvement
 - b. Health & Nutrition: Ms. Vaughn (Director of Food Service) went over TX Public School Nutrition Policies. Follow up from January meeting TPSNP and our policies does not restrict what parents may provide for their own children
 - c. Recommendations on recess for elementary school students reviewed. This will be forwarded to the Board for review and implementation as directed by the Board of Trustees.
 - d. Health Education: Human sexuality written notice will be included annually to parents. This will explain what instruction is provided and their rights and law. SB 283, TEC 28.00

- II. New Business:
 - a. School health survey reviewed. Health education in middle school is not a priority and with the increased sedentary life, obesity and high risk factors involved with teenagers we will be presenting recommendation for the PE department to teach health education on Tuesdays or Thursdays (or one day a week) to all 7th and 8th graders.
 - b. Healthy school environment: Have reviewed the bat controls in schools will present at next meeting protocol for campuses to use for bat on campus and educational flyer to handout as campuses see need.
 - c. Community family involvement: Learn and Serve America –sponsor Ann Rece provided students and their parents’ opportunity to enhance their knowledge of environmental science and begin to understand the life cycle of plants. High school students developed lesson plans using the Department of Agriculture’s “my pyramid” and worked with the elementary students on active life style, nutrients and my pyramid.

- III. Open discussion: N/A
- IV. Meeting for Quarter IV will be scheduled in May 25th @ 4:30pm. Meeting adjourned at 4:30.